

## **PREGNANCY & PARENTING ST CHARLES COUNTY**

### **Birthright Counseling**

St. Charles Office  
205 N. Fifth St., Ste 301  
St. Charles, MO 63301  
636.724.1200  
After Hours 1.800.550.4900  
Hotline 1.800.550.4900  
Wentzville Office  
10 East Pitman  
Wentzville, MO 63385  
636.327.8170  
1.888.734.6268  
<http://birthrightstlouis.org/>  
✓ Crisis counseling  
✓ Information & referral for pregnant women.  
✓ Program focuses on alternatives to abortion

### **Children's Home Society of Missouri**

2424 Muegge Rd  
St. Charles, MO 63303  
636.940.1119  
9445 Litzsinger Rd.  
St. Louis, MO 63144  
314.968.2350  
Emergency 314.568.6354  
[www.chsmo.org](http://www.chsmo.org)  
✓ Provides 24-hr respite care for developmentally disabled and/or terminally ill children  
✓ Provides pregnancy counseling to understand available options  
✓ Adoption home-studies  
✓ 24-hour care by professional medical staff for children with special medical needs. Also offers specialized unit for children on life support system and other equipment

### **Family Planning Clinics**

St. Charles  
1650 Boons Lick Road,  
St. Charles, MO 63301  
636.949.7400  
1.800.822.4012 x7403  
Wentzville  
1601 W Pearce Blvd  
Wentzville, MO 63385  
636.327.7196  
✓ Family planning services  
✓ Pregnancy testing  
✓ Annual check ups

- ✓ Counseling on birth control, sterilization & sterility

### **First Steps**

Early Intervention  
1.866.583.2392  
<http://dese.mo.gov/se/fs/>  
✓ Provides services to families with children, birth to 3, with disabilities or developmental delays.  
✓ Designed to meet the needs of families related to enhancing the child's development, learning, & participation in family and community life.

### **La Leche League of St. Charles**

[www.llstcharlesmo.org](http://www.llstcharlesmo.org)  
✓ Holds monthly support meeting for breastfeeding mothers in St. Charles, O'Fallon & Wentzville. See Website for current meeting schedule.

### **Lutheran Family & Children Services**

8631 Delmar Blvd.  
St. Louis, MO 63124  
314.787.5100  
1.866.326.LFCS  
[www.connectwithus@lfcs.org](http://www.connectwithus@lfcs.org)  
✓ Wings: women in need of growing stronger program  
✓ Foster care  
✓ Adoption Services  
✓ Community Services: Youth mentoring program; disaster program  
✓ Counseling  
✓ Advocacy  
✓ Child Development Centers  
✓ See website for further details

### **Mary Queen of Angels**

827 W Terra Lane  
O'Fallon, MO 63366  
636.379.5070  
✓ Works with mothers in crisis pregnancy situations providing them with baby essentials – items, clothing etc.

### **Mother to Mother**

7225 Manchester Road  
Maplewood, MO 63143  
314.644.7001  
1.877.644.7001  
<http://mothertomothersupport.org/>  
✓ Free telephone/group support for women experiencing emotional difficulties during postpartum pregnancy. Moms are paired with a trained phone volunteer that has experienced similar difficulties and recovered. Volunteers listen, encourage, and provide peer support and resources. Volunteers are not trained counselors and therefore do not provide counseling or psychotherapy services. Calls are confidential and returned within 24 hours.

### **Northeast Community Action Corp – NECAC**

3400 Meadow Pointe Dr  
O'Fallon, MO 63366  
636.272.3477  
[www.necac.org](http://www.necac.org)  
✓ Energy assistance for customers in danger of utility disconnection  
✓ Provides senior adults opportunities to work in schools one-on-one with children in areas of tutoring, mentoring, etc.  
✓ Provides energy saving materials to area residents to prevent air infiltration, conserve energy, reduce heating costs and preserve natural resources  
✓ Provides decent, safe, sanitary & affordable rental housing for low-income residents through rental subsidies  
✓ WIC & Family Planning  
✓ Assists seniors or persons with disabilities who wish to remain in their own homes but require assistance with housekeeping, shopping or meal preparation  
✓ Foster Grandparent Volunteer Program

## **PREGNANCY & PARENTING ST CHARLES COUNTY**

### **Nurses for Newborns**

7259 Landsdowne, Ste 100  
St. Louis, MO 63119  
1.800-45BIRTH  
314.544.3433

[www.nursesfornewborns.org](http://www.nursesfornewborns.org)

- ✓ Provides a safety net for families most-at-risk by helping prevent infant mortality, child abuse & neglect through home-based programs that provide education, healthcare & positive parenting skills.

### **Our Lady's Inn**

3207 Hwy D  
Defiance, MO 63341  
636.398.5375

[www.ourladysinn.org](http://www.ourladysinn.org)

- ✓ Christian-based maternity home for women & children needing shelter & supportive services during pregnancy
- ✓ Assists with food, clothing, counseling, education, medical care, vocational guidance and transportation

### **Parentlink**

1205 University Place, Ste 1100  
Columbia, MO 65211  
1.800.552.8522

[www.outreach.missouri.edu/parentlink](http://www.outreach.missouri.edu/parentlink)

- ✓ Provides a toll-free information line for parents, professionals & others with questions related to parenting

### **Parents as Teachers**

2228 Ball Dr.  
St. Louis, MO 63146  
314.432.4330  
[www.parentsasteachers.org](http://www.parentsasteachers.org)  
St. Charles District 636.443.4057  
Francis Howell District 636.851.4045  
Ft. Zumwalt District 636.978.0273  
Orchard Farm District 636.250.5202  
Wentzville District 636.327.3805  
Head Start/Early Head Start 636.332.0539

- ✓ Coordinates Parent-Child Early Education Program for children from prenatal to kindergarten entry. Includes personalized visits, group meetings, developmental screenings and referral services.
- ✓ Provides information on PAT sites.
- ✓ Parents can also contact local school district for information.

### **Planned Parenthood**

St. Peters Health Center  
208 MidRivers Health Center  
St. Peters, MO 63376  
636.279.3339

[www.plannedparenthood.org](http://www.plannedparenthood.org)

- ✓ Women's & men health care relating to pregnancy

### **Pregnancy Assistance Center/Thrive**

305A MidRivers Mall Dr.  
St. Peters, MO 63376  
636.278.1212

[www.thrivestlouis.org](http://www.thrivestlouis.org)

- ✓ Provides holistic, sexuality education, pregnancy testing, counseling, case management & support services from a Christian perspective.

### **Saint Louis Crisis Nursery**

St. Charles  
315 First Capitol Dr.  
St. Charles, MO 63301  
West  
330 S. Fourth St.  
St. Charles, MO 6330  
636.940.2504  
Wentzville  
700 Medical Dr.  
Wentzville, MO 63385  
636.887.3070

[www.crisisnurserykids.com](http://www.crisisnurserykids.com)

- ✓ Helpline: provides crisis counseling, answers to parenting questions & referrals to community resources to help resolve the crisis situation.
- ✓ Temporary shelter for children ages birth-12 yrs whose families are in a crisis. Each

child receives a physical exam, developmental assessment and play/art therapy if needed.

- ✓ Crisis Nursery: Provides respite for children ages birth-12 years in the crisis nursery & follow-up services for the parents.

### **Share-Pregnancy and Infant Loss**

402 Jackson  
St. Charles, MO 63301  
636.947.6164

[www.nationalshare.org](http://www.nationalshare.org)

- ✓ Perinatal bereavement support through informational packet, newsletter & resource library.
- ✓ Support groups available.

### **Women, Infants & Children (WIC)**

Main Office:  
1650 Boone's Lick Road  
St. Charles, MO  
636.949.7402  
1.800.822.4012, ext 7402  
[http://www.scchealth.org/docs/ph/ph\\_docs/phphs/wicmap.html](http://www.scchealth.org/docs/ph/ph_docs/phphs/wicmap.html)  
Call the main office number to make appointments for the Harvester, O'Fallon and Wentzville locations.

### **Wings of Love for You**

2355 Scattered Oak Dr  
Wentzville, MO 63385  
314.323.8592

- ✓ Non-profit organization that provides parenting skills workshops that teach parents how to successfully interact with their children

### **Youth In Need**

1815 Boone's Lick Road  
St. Charles, MO 63301  
636.946.5600  
24 Hr Helpline:  
314.628.2929 or 1.877-928-2929  
[www.youthinneed.org](http://www.youthinneed.org)

- ✓ Shelter: emergency residence for youth ages 10-18 experiencing a crisis; 24 hour

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### **Youth In Need continued**

- ✓ support through shelter help line.
- ✓ Transitional Living program: group home & scattered apartments off youth 16-21 independent living skills & opportunity to become self-sufficient.
- ✓ Outreach: mobile unit offers emergency food, clothing & support to homeless youth living on the streets.
- ✓ Safe Place: Local component of a national outreach program educates youth on dangers of running away and a network of youth friendly businesses in St. Charles & St. Louis County, as well as St. Louis City provide safe havens and resources for youth in crisis. Yellow and black "Safe Place" signs identify locations.
- ✓ Head Start & Early Head Start: Comprehensive child and family development program of income eligible families with children from birth to age 5 as well as expectant parents in St. Louis City, St. Charles City and St. Charles, Lincoln, Warren & Montgomery Counties.
- ✓ Teen Parents: community and in school and counseling provides teen parents and expectant teens with nutritional & health information and supports them while they complete their education.